

Healthcare Cost Containment Committee Minutes

May 7, 2014

3:30 p.m. to 5:00 p.m.

Attendees: Christine Soucy, Carol Smith, Carolyn Belfiore, Linda Hastings, Linda Murgo, Rachel Schneider, Karen Bonin, Linda Freeman, Sandy Eherenman, Kim Demaso, Nick Coler, Bill Byron, Debie Clayton, Sue Robinson, Marge Chiafery, Marsha McGill, Davis Powell

1. Introduction of Guests

Marge Chiafery announced that Davis Powell is the new School Board Representative on the committee.

Marge Chiafery introduced Jane Hoover, Guidance Counselor at James Masticola Elementary School and Carol Scopa, Paraeducator at Thorntons Ferry Elementary School.

2. Approval of April 2, 2014 Minutes

Linda Freeman moved (seconded by Sandy Eherenman) to approve the April 2, 2014 minutes.

The motion passed 11-0-5 with Davis Powell, Carolyn Belfiore, Linda Hastings, Debie Clayton, and Bill Byron abstaining.

3. Health Assessment Participation

a) Rate for May

Bill Byron reported the Health Assessment participation rate for April was 51.5% compared to 54% at the same time last year. The average HealthTrust membership participation rate is approximately 37%. The Merrimack School District is well ahead of the average member group.

Bill Byron noted the desire to have a simpler login in process for the Health Assessment Survey; however, HIPPA laws need to be followed.

b) Promotion Strategies for May

Promotion Strategies for May:

- Reminder to staff to complete the Health Assessment and highlight the Slice of Life program following HealthTrust workshops/presentations.
- Encourage college students who are returning home for the summer to complete the Health Assessment.
- Inform staff that two of the individuals who each received a \$1,000 Visa card did minimal work to qualify for the sweepstakes drawing.

Individuals who complete OnlifeHealth lessons at www.OnlifeHealth.com may be eligible for professional development hours, will gain knowledge and accumulate life points.

Plans are still underway for a "Smoothie Day" for staff before school closes in June.

4. Testimony from Incentive Award Recipients

Carol Scopa explained that she learned about the Compass Smart Shopper pilot program from the poster and Christine Soucy, her building representative. She completed her Health Analysis survey, shopped with Compass Smart Shopper a couple of times, utilized a health coach and completed a few OnlifeHealth lessons.

Jane Hoover reported that she completed her Health Assessment survey, participated in the biometric screening through her physician and completed a few OnlifeHealth lessons.

5. First Quarter (2014) Compass Report

Debie Clayton reported the Compass Smart Shopper pilot program has been extended through December 2015. The savings to the district in 2013-2014 was \$14,228.

Comments:

- One user found the web site to be cumbersome. The user would have appreciated a confirmation of their shopping experience.
- There was a misunderstanding that participation after shopping with Compass Smart Shopper was optional.
- Many of the facilities referenced by Compass Smart Shopper are facilities that individuals would have gone to regardless.
- The concept of shopping for health is new.
- Individuals are not comfortable telling their physicians which facility they want to go to for a test.

The Compass Smart Shopper quarterly report should be posted for individuals to view.

Bill Byron offered to bring a list of the ten most frequently asked questions about the Compass Smart Shopper program to Compass for its responses.

6. Cancer Collaboration Conference

Linda Hastings was a presenter at the 2014 New Hampshire Cancer Collaboration Conference. Linda's presentation explained how the Merrimack School District promotes health programs for its employees. Her examples included the mail in prescription program, the personal health analysis, health related opportunities through the HealthTrust and the On the Mark Assessment. She highlighted that Thorntons Ferry Elementary School and Reeds Ferry Elementary School were recipients of the HEAL Award in 2012 and 2013 respectively.

7. Annual HCCC Survey

Stress, weight management and nutrition continue to be the top three health topics of interest named by employees.

Representatives were asked to promote the importance of the June survey. The results of the June surveys were an important element of health related grant applications in the past.

It was noted that the month of May would be a better month to distribute the survey than June. It was suggested that a question be added to ask if the person completed the Health Analysis. If their answer was no, provide the reason why they have not completed the Health Assessment Survey. State that there is still time to complete the Health Assessment Survey.

Agenda Items for the June Meeting:

- Smoothie Day Update
- Back Up Information Regarding District Insurance Rate
- Membership for 2014-2015
- Affordable Health Care Act update

2013-2014 School Year Meeting Dates

Meeting Date	Refreshments
June 4, 2014	Debie Clayton and Bill Byron